

1. GENERAL INFORMATION			
1.1. Course teacher	Prof. Josip Oslić, PhD	1.6. Year of the study programme	2
1.2. Name of the course	Introduction to Psychology	1.7. Credits (ECTS)	3
1.3. Associate teachers	Dr. sc. Sanda Smoljo-Dobrovolski	1.8. Type of instruction (number of hours L + S + E + e-learning)	30 P
1.4. Study programme (undergraduate, graduate, integrated)	integrated	1.9. Expected enrolment in the course	55
1.5. Status of the course	Compulsory	1.10. Level of application of e-learning (level 1, 2, 3), percentage of online instruction (max. 20%)	
2. COURSE DESCRIPTION			
2.1. Course objectives	Offer to the students an insight into the growth of a person's individuality so that they can have a better understanding of people and the environment they participate in. Enable students to be in a position of recognising the fundamental concepts of psychology from a physiological precondition of mental experience and behaviour to psychological mechanisms of the human being's functions. This course deals with classic themes in general psychology based on common text books in the world.		
2.2. Course enrolment requirements and entry competences required for the course	Prior knowledge of the fundamental elements of psychology taught at the secondary school level.		
2.3. Learning outcomes at the level of the programme to which the course contributes	To apply the knowledge gained in the classroom process and later as RI teachers.		
2.4. Learning outcomes expected at the level of the course (4 to 10 learning outcomes)	<p>Students will be competent to:</p> <ul style="list-style-type: none"> <li>• Comprehend the role of consciousness and sub-consciousness;</li> <li>• Realise the importance of perception and senses;</li> <li>• Comprehend the principles of learning, remembering and cognitive processes;</li> <li>• Getting an insight into the notions of intelligence, judgement and decision making;</li> <li>• Comprehend the importance of motivation, sensitivity and the dimensions of personality;</li> <li>• Recognise fundamental psychopathological phenomena;</li> <li>• Expand their horizons to identify the importance of culture and sexual difference in psychology.</li> </ul>		
2.5. Course content broken down in detail by weekly class schedule (syllabus)	<ol style="list-style-type: none"> <li>1. General introduction to the psychology of "Psychology in Action".</li> <li>2. Physiological preconditions for mental experience and behavior (organisation of the nervous system, brain structure, limbic system, brain and behaviour control).</li> <li>3. Reasons, realisation and consciousness (functioning of reason, consciousness and its functions, dreams, sub-consciousness and its role, hypnosis and research dedication to suppressed memory).</li> <li>4. Perceptions and senses (role of perception, senses and their function, visual perception, process of recognising information).</li> <li>5. Learning (classic conditioning, instrumental and operational conditioning, theory of social teaching).</li> <li>6. Remembering and forgetting (sensual &amp; short-term, long-term and automatic memory. Disturbances to memory, anatomy of memory and improving memory).</li> <li>7. Thinking process (cognitive psychology: mental processes and research in the field of cognitive and neuro-cognitive psychology)</li> </ol>		

## DETAILED PROPOSAL OF THE STUDY PROGRAMME

	<p>8. Development of speech and intelligence (biological capacity for speech, phases of speech, adopting grammatical rules, types of intelligence, gauging and testing intelligence).</p> <p>9. Judgement and decision (decision making process, irrationality, group decision making).</p> <p>10. Motivation and emotion (generally about motivation, human needs and motives, classification, hierarchy and conflict of motives, explanatory styles, types of sensual experiences, cognitive interpretation of emotions, cultural differences).</p> <p>11. Personal identity (I am) and personality (dimensions of personalities, personalities and personality features, theories of personality lines and main psychological approaches to personality).</p> <p>12. Psychopathology (major types of mental illnesses).</p> <p>13. Psychotherapy (biomedicine and psychological approach to psychotherapy).</p> <p>14. Brief reflection on social psychology, psychology of culture and care of psychology for health.</p>				
2.6. Format of instruction:	<input checked="" type="checkbox"/> lectures seminars and workshops <input type="checkbox"/> exercises <input type="checkbox"/> on line in entirety <input type="checkbox"/> partial e-learning <input type="checkbox"/> field work	independent assignments <input type="checkbox"/> multimedia and the internet <input type="checkbox"/> laboratory <input type="checkbox"/> work with mentor <input type="checkbox"/> (other)	2.7. Comments: Considering the small number of lecture hours, activities are conducted solely during lecture with the aid of movies for each lecture and interpretation of its content.		
2.8. Student responsibilities	<input type="checkbox"/>				
2.9. Screening student work ( <i>name the proportion of ECTS credits for each activity so that the total number of ECTS credits is equal to the ECTS value of the course</i> )	Class attendance	yes	Research		Practical training
	Experimental work		Report		(other)
	Essay		Seminar essay	yes	(other)
	Tests	yes	Oral exam		(other)
	Written exam		Project		(other)
2.10. Grading and evaluating student work in class and at the final exam					
2.11. Required literature (available in the library and via other media)	<b>Title</b>		<b>Number of copies in the library</b>		<b>Availability via other media</b>
	Živković, I. (2011) Teme i interesi opće psihologije, Zaprešić				Each student is sent the relevant material required for the examination via e-mail
2.12. Optional literature (at the time of submission of study programme proposal)	Supplementary literature not required as the material in scripts and lectures is taken from world literature and is sufficient for the needs of this course.				
2.13. Quality assurance methods that ensure the acquisition of exit competences	Term tests (two during the semester).				
2.14. Other (as the proposer wishes to add)					